



D'AFFLUENZA, LLC

# TRAUMA COACHING AND TRAINING CENTER (TCNTC)

## ➞ Business Rightsizing Training Coaching (BRTC)

Rightsizing is a natural part of business evolution, but how your organization prepares and supports affected employees makes all the difference. Providing resources during this transition demonstrates care and reduces potential challenges for both the employee and the organization.

TCNTC offers an accredited Continuing Professional Development (CPD) training package designed to guide employees through this process with confidence and clarity:

1. Dealing with Change
2. Stress Management: Understanding the 9 Cognitive Distortions
3. S.M.A.R.T. Goals: Turning Goals into Action Plans
4. Resume Development
5. Two Individual Coaching Sessions:
  - Resume Review
  - Life and Goal-Setting Guidance

## ➞ Business Leadership and Development (BLED)

- Includes leadership development through John Maxwell Training, such as The 21 Irrefutable Laws of Leadership. Explore over 50 accredited CPD/CPE courses in our Training Catalog designed to enhance skills from entry-level staff to Tier 1 and Tier 2 supervisors.
- Choose from existing courses or contact us to customize a training package tailored to your organization's unique needs.

## Get in Touch

☎ 512-743-9898

🌐 [WWW.TCNTC.COM](http://WWW.TCNTC.COM)